

Sub: **Parameter-wise Replies to the Report of the Committee constituted by MHRD/Government of India for Review of Existing Institutions Deemed to be Universities**

I **Considerations of the idea of a University**

1. Higher studies in Physical Education has been seen as vital for sustainable human development by means of creation of mass level awareness and dissemination of knowledge through training, teaching and research. Physical Education is compulsory in CBSE schools till secondary level and optional at senior secondary level thus increasing the demand for quality physical education teachers.
2. India is youngest country in the world but highly prone to variety of life-style related disorders. To keep our youth fit has to be taken up as a challenge. Some institution has to play lead role to fulfill the ever increasing knowledge in this area by means of teaching and research in the health seeking society. Further, there is mushrooming of institutions in the field of physical education in the country. There is a need to build a standard pattern in physical education with quality teaching, training and research. This University has a strong **historical legacy and contemporary technicalities** with back up of effective teaching and application of knowledge to carry out emerging needs of the society.
3. The dissemination of knowledge with access, equity and quality is possible for a University like us having full autonomy and academic freedom and not for a technical institute or college level institution. Further, the idea of a University in Physical Education is not unique and new in the contemporary world. Like us, we see many Universities in the world in the field of physical education and sports viz. Russian State University of Physical Education, Sports and Tourism (1918) in Moscow, National University of Physical Education and Sport of Ukraine (1930), Beijing Sport University (1953) in China, German Sports University Cologne

(1953), American Sports University (2006) in California (United States). Universities have been playing this role with the objective to ensure dissemination of mass level health awareness to keep the nation fit and growing.

4. The **rising trajectory** of Lakshmibai College of Physical Education (LCPE in 1957) to Lakshmibai National University of Physical Education (LNUPE in 2009) is a history of continuous recognition by various stakeholders including Government of India in promotion of physical well-being, overall health and holistic development of citizens in post-independent India by means of teaching and research in the field of physical education and sports. This University is only of its kind in South Asia and is well known in intellectual academia to cater utility-driven higher education and learning. The University is a public institution and fully funded by the Department of Sports, Ministry of Youth Affairs and Sports, Government of India.
5. As a 'Deemed-to be University', this Institute has been providing opportunities to every learner in **inculcating holistic education** (physical education being the core) for sustained living and for effective citizenship. The biggest challenge for sustained living in the ailing contemporary world is to educate himself and others the science of fitness and well-being right from childhood. The real education starts by demanding a healthy mind in a healthy body to be an effective citizen. Today's LNUPE is playing a lead role in imparting all round training from rural people to professional educationist, with special focus on physical education.
6. LNUPE is engaged in teaching programmes (Bachelor's from 1957, Masters from 1963) and research programmes (M. Phil. from 1980 and Ph.D. from 1998) in various interdisciplinary areas covering Physical Education, Exercise Physiology, Sports Coaching, Sports Biomechanics and Sports Psychology. Four years Bachelors of Physical Education (B.P.Ed.) Integrated programme is recognized by the National Council of Teacher Education (NCTE) and is an innovative programme as per the international standard. Four years B.P.Ed. Integrated

programme is seen as **model course in physical education** at graduate level. There is a compulsory field based internship programme in the fourth year which makes it unique at graduate level education.

7. The masters programme in Physical Education Pedagogy, Exercise Physiology, Sports Biomechanics, Sports Psychology and Sports Management are **inter-disciplinary** in nature and content covering physical aspect of human life and known for its academic standard in the country. These masters programme are mix of theory and practical classes with extramural and extension orientation.
8. Research courses at M.Phil. and Doctorate level are **problem generated field based programmes**. The Institute has adopted stringent procedure for enrolling candidates in these programmes as per UGC Regulation on Minimum Standards and Procedure for the Award of M.Phil./Ph.D. Degree Regulation 2009. Almost all the students get scholarship under 'Junior Research Fellowship' and other UGC-sponsored schemes like Rajeev Gandhi Fellowship.
9. The above teaching and research programmes are **innovative** and full of professionalism and are offered **to accomplish objectives of this University** in lines with vision to be leader in the field of physical education and sports and to serve as a centre of excellence and innovation. These courses are for the growing needs of the society to take up various works viz. teaching, application of knowledge (fitness club, health society, etc.), and sports profession (player, coach, umpire, referee, etc.). High competition in the entrance test at graduate and master level and assured placement are to be understood in the context of high academic standard and societal relevance of the course. The focus is not to produce students as marketable products but in creating ethical, informed and enlightened citizens. It has potential to be an institute of national importance in future considering various mile stones and pivotal role in serving as education multiplier.
10. The benefit to be a University in physical education may be seen in sports participation also. Our students directly participate in Inter-university and AIU-

sponsored sports competitions and win medals due to in-house training and excellence in sports. Secondly, as a University we often host Inter-University, state and national-level sports competitions giving exposure to the students. In other words, direct sports participation and hosting of mega sports events are more convenient for a University like us which is specialized in physical education.

11. LNUPE has been made as the 'Resource Centre for 'Panchyat Yuva Khel and Krida Abhiyan (PYKKA)' by the Government of India. PYKKA is a flagship programme of Ministry of Youth Affairs and Sports which aims to train master trainers to spread the culture of sports in the entire country.

12. Physical Education, both as perfection of inherent powers as well as the socialization of the children, is the best investment in future development of individuals and society. Here the challenge is access with equity and quality in the higher education not merely to increase '**Gross Enrolment Ratio (GER)**' but for dissemination of knowledge as per the recommendations of the National Knowledge Commission to make India a Developed Country by 2020. Therefore, the Government has considered LNUPE to lead in furthering the said objectives by opening **off-campus of the University**. Accordingly, the University has opened North East Regional Centre (NERC) at Guwahati (Assam) from the academic session 2009-10 with the approval of Government of India. Four additional off - campuses in North, South, East and West part of India are planned to be established during the Twelfth Five Year Plan (2013-2017). As per the latest UGC (Institutions Deemed to be Universities) Regulation 2010, only a Deemed University can open such off-campus and not a college. Therefore, this University has to rise to the occasion in realizing the Government thinking of expansion with quality.

13. **International Exchange Programmes** with partner Universities are important to share advances in the field of specialized areas. The globalization of higher education has necessitated exchange of technical expertise, application of

knowledge, research problems, etc. This University is not only via media for execution of various Government sponsored international exchange programmes but also for implementation of its own agreements. MOUs with Universities in Budapest, Cuba, Czech Republic, Malaysia, and African Countries are being worked out on common academic interests. Such a collaboration at large level with various institutions is possible for a University level Institution only because a college can not open off-shore campuses as per the UGC provisions.

II Whether all their present academic activities /programmes could have been carried out without being a deemed university; how the status of deemed university became a stimulus for better performance

- a. This is important to observe that our current academic and sports activities could not have been carried out without being a deemed university. As a specialized institution in physical education and sports, this University has been playing a lead role in the country to promote the culture of physical health, fitness and well being of the people with a mission to expand the physical education with equity and quality through various teaching, training and research programmes.
- b. As discussed above under idea of a University, the status of deemed university has been stimulus for us for better performance in its domain area. In the last 15 years, the University has made significant contribution in realizing societal needs of a special kind which are noted below:
 - Dissemination of knowledge through high standard academic programmes,
 - Encouraging scientific inquiry though problem based and field oriented research programmes,
 - Autonomy and academic freedom allows in offering innovative academic programmes,

- Financial autonomy in augmenting resources for academic purposes, separate budget for research, allotment of academic projects by UGC,
- Serving the wider objective to expand the physical education with equity and quality by opening off-campus
- To serve as a centre of excellence and innovation in physical education and sports,
- To provide professional and academic leadership to other institutions in the domain area,
- Academic Exchange Programmes with sister organizations in India and abroad to share common perspective, collaborative projects, etc.,
- To provide consultancy services to various institutions and for the Government of India,
- To promote mass participation in physical education and sports thus creating culture of sports at grass root level,
- Increased participation at higher level sports competitions, and
- Faculty development programme through Academic Staff College,

III **Conformity to the provisions of the UGC Act and the UGC Guidelines for the recognition of an institution as deemed to be University (with special reference to para 4(a))**

- a. As mentioned above, this University offers post graduate programmes in physical education pedagogy, exercise physiology, sports biomechanics, sports psychology and sports management under various PG Departments. These programmes are **innovative** and **inter-disciplinary** in nature with mix of theory and practicals. Students have the option to select thesis in lieu of certain papers. These specialized subjects at masters level facilitate students to seek doctoral studies.
- b. The University adheres to the provisions of **UGC Regulation on Minimum Standards and Procedure for the Award of M.Phil./Ph.D. Degree Regulation 2009**. Ph.D. is based on field work and the research findings are useful for sports

academia and other institutions. The Institute has also managed international-level infrastructure and lab facilities for the research scholars. Almost all the scholars are in receipt of scholarship / fellowship from various agencies. The Institute intends to restart 'National Research and Documentation Centre' for better dissemination of existing knowledge in the field of physical education and sports.

- c. The University has already implemented **UGC Action Plan for Academic and Administrative Reforms** by introducing semester system and all India based entrance test and is in the process of introducing choice based credit system, curriculum development and continuous internal evaluation. Due care is given for the Government policy of reservation in admissions under various courses.
- d. The Board of Management of this University has adopted **UGC (Institutions Deemed to be Universities) Regulation 2010**.
- e. The Board has also resolved to approve **UGC (Minimum Qualification for Appointment of Teachers and other Academic Staff in Universities and Colleges and Measures for the maintenance of Standards in Higher Education) Regulation 2010**.

IV Aspects of governance

- a. The University is registered under Madhya Pradesh Societies Registration Act 1973. The Memorandum of Association (MOA) and Rules of the University are approved by the Board of Management of the Institute and Government of India.
- b. Amendments in MOA as per the UGC (Institutions Deemed to be Universities) Regulation 2010 are being processed.
- c. While the Board of Management is the principal executive body, the Academic Council is the principal academic body. The Academic council consisting of

academicians and experienced professionals has academic freedom and functional autonomy on all academic matters.

- d. Further, each Department has duly constituted Board of studies which meet two to three times in an academic session to review & deliberate departmental syllabus/curriculum, examination schemes, question paper making & evaluation standards etc. which are then discussed & approved by the Academic Council. The Vice-Chancellor is the chief executive officer and he is responsible for implementation of decisions of various authorities of the Institute.

V Quality of and innovations in teaching -learning processes

- a. As mentioned above, academic programmes at masters and research level are designed to serve the need of society (i.e. societal relevance) and other professionals. These are innovative programmes with focus on quality teaching and field based training.
- b. The Institute has student-centric approach. The aim is to nurture students for teaching and other professions (sportsperson, coach, umpire, referee, sports managers, yoga expert, fitness expert, wellness expert, etc.) as well as overall development as a learned human being. Students are trained in various sports discipline as well as in theory specialisation. Special conditioning and coaching classes in play fields provide them opportunities to excel in particular sports. The examination system is mix of continuous internal evaluation followed by end-semester examinations. Internship programme at graduate level provide field training to students.
- C. The Institute is also devising mechanism for student exchange under international exchange agreements with Universities in India and abroad. Teachers are also sent abroad under Talent Search and Training Scheme of Government of India to impart training and acquire professional qualities.
- c. Teaching-learning process is facilitated by availability of quality infrastructure in the classroom and scientific laboratories. ICT applications are integral part in teaching-training process.

- d. The Institute also offers 'Add on Courses' on Event Management, Health Club Management, Communication Skills, Foreign Language, Sports Journalism, Life Saving Skills and Disaster Management, Adventure Sports, Tourism Management, ICT, etc. These courses aim to provide necessary professional training to learners to take up particular assignment/profession.
- e. The website of the University provide a separate link as 'student corner' for relevant information pertaining to classes, examinations, and other important events.

VI Research output and its impact (research publications, books, monographs, patents, etc.)

- a. It is submitted that the major thrust of the Institute has been on research which is explained hereunder.

- b. Faculty members have been publishing research finding in a simplified manner through renowned national and international journals. A list of such publications is attached as [Annexure 'A'](#).

- c. Further, faculty members have been participating in various national and international conferences. A list of such participation is attached as [Annexure 'B'](#).

- d. It is submitted that the Institute has given a thrust to research by motivating faculty members to take up research work in a big way by means of research projects. Two faculty members of the Institute have been sanctioned UGC sponsored research projects while ten other projects have been submitted to UGC for approval. List of undergoing projects as well as under submission to UGC is placed as [Annexure 'C'](#).

- e. A modern state of the art, fully automated library has been established and made functional from the academic session 2009-2010.

VII **Doctoral and other research degree programmes**

- a. As mentioned above, M.Phil. and Ph.D. programmes are offered as per latest UGC guidelines. List of Ph.D. scholars enrolled may be seen at [Annexure 'D'](#).
- b. All research laboratories of the University are being upgraded from time to time to international level by way of purchase of new equipments, machines, related peripherals, be it yoga research lab, biomechanics lab, health science lab, exercise physiology lab or sports psychology lab.

VIII **Faculty resources**

- a. The Institute has five Departments offering post graduate programmes in physical education and allied areas and other Departments are also planning to start post graduate programmes from academic session 2012-13 (Refer [Annexure 'E'](#)).
- b. All the regular faculty staffs have been placed in different teaching departments as per specialization of teachers in their domain areas (placed as [Annexure 'F'](#)). Each Department has minimum number of faculty (one Professor, two Associate Professor and adequate number of other teaching/supporting staffs) staff as per UGC norm.
- c. Further, recruitment process has already been initiated for appointment of teaching staffs on regular basis as per the need in specialized areas and in observance of latest UGC Regulation 2010.
- d. Contractual appointment of teachers has also been made as per specialization to ensure minimum number of faculty in each Department as per UGC norms.

- e. The Institute also invites ‘Resource Persons’ at specific occasions.
- f. Ph.D. scholars are also sometime engaged in teaching as per the requirement to ensure “earn while you learn.”

IX Admission processes and award of degrees

- a. The Institute notifies course-wise intake capacity, admission schedule and applicable fee under different programmes through Prospectus and the same is made available on the University website for the information of the prospective candidates.
- b. Admissions to graduate, post-graduate and research programmes are granted on merit in the all India entrance test (written and physical fitness test) through wide publicity and open advertisements in national and regional newspapers. Admission test is conducted in various parts of India including its off-campus. The website of the Institute is updated on regular basis to provide effective information on admission matters.
- c. UGC (Institutions Deemed to be Universities) Regulation 2010 on admission matters are fully implemented by the Institute. Reservation in seats for SC, ST and OBC candidates are provided as per the policy of Government of India/UGC.
- d. Academic Council of the Institute is the authority on all matters of admission and award of degree. Results are declared in time after approval from examination committee constituted for the purpose and the same is made available on notice boards and on website. However, students are awarded degree at annual convocation only.